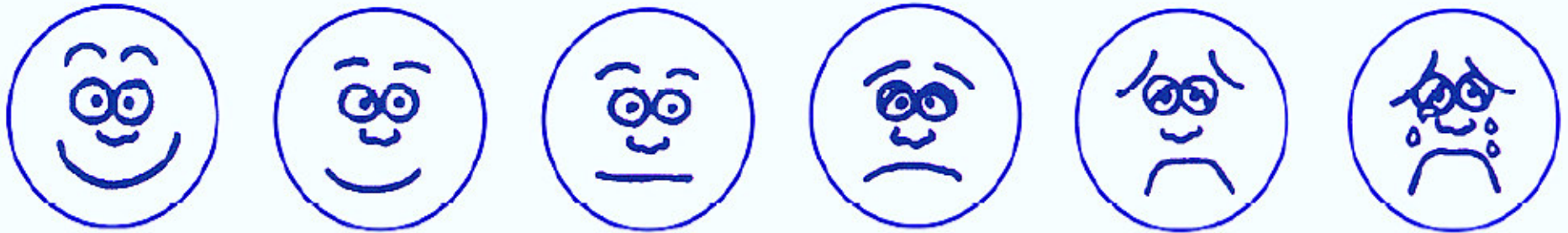


International Parenting “Pain” Face Scale



0

Parent to successful child, "I'd be happy to call you Dr. Hickey in your office."

2

You're still in the will.

4

Your sister would never do that.

6

Uh-Ohhh...

8

I'd rather drill holes in my wrists.

10

We'll still visit you in prison.

Explain to the parent that each face represents a parent who is happy because they have no pain (hurt) or sad because he has some or a lot of pain.

Face 0 is very happy because they have an extraordinary child capable of someday ruling the world. Face 2 hurts a tiny bit. Face 4 hurts a little more, and agitating statements disguised as for the benefit of the child begin to come out. Face 6 hurts even more and at this point parents may begin gathering literature for military schools. Face 8 hurts a whole lot and in some older parents a heart attack or stroke may soon come. Face 10 hurts as much as you can imagine, tears are frequent and the parent begins wondering if the babies really were switched in the hospital.

Ask the parent to point to each face using the words above to describe the level of pain they are feeling as a parent.